

**Thorneloe Theatre
gets ready to present
Macbeth
See page 6**



**SGA/AGE
announces new VP
Issues
See page 10**



**Resolute performs
to a sold out crowd
See page 11**

LAMBDA

PROUDLY SERVING THE LAURENTIAN UNIVERSITY COMMUNITY SINCE 1961

Laurentian's Living with Lakes Centre plans unveiled

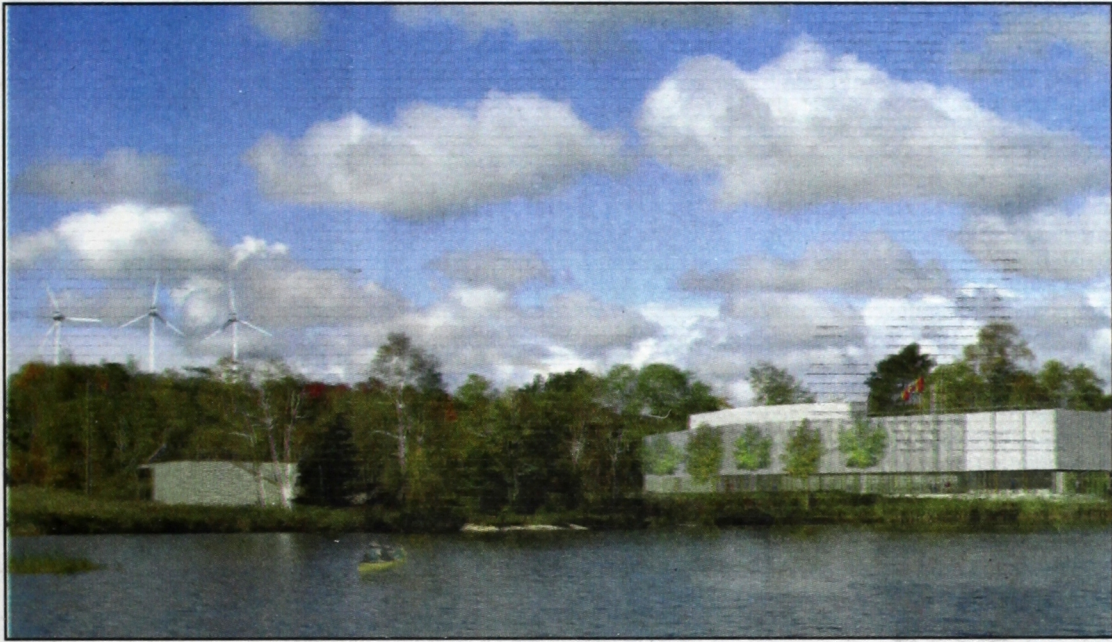
BY ALEXANDRA TAYLOR
SCIENCE&TECH EDITOR

Laurentian University will soon have a new building on campus. The Living with Lakes Centre is being built on the shores of Lake Ramsey, and will be the first institutional building in Canada to achieve the Platinum Leadership in Energy and Environmental Design certification. Surrounded by wetlands, and built with sustainable materials, the Living with Lakes Centre is poised to be an incredible environmental and architectural accomplishment.

The Centre is being built to house the Cooperative Freshwater Ecology Unit, which has grown out of its current home at the Ontario Provincial Air Services Base on Lake Ramsey. The Co-Op is a successful partnership between Laurentian University, the Ontario Ministries of Natural Resources and Environment, Environment Canada, the mining industry, the City of Greater Sudbury, and a number of other community organizations. The new Living with Lakes Centre will be the perfect home for the Co-op and its research development programs. "By revealing the design, we are one step closer to achieving our goal of making Sudbury and Northern Ontario international leaders in environmental and water restoration" said John Gunn, Canada Research Chair in Stressed Aquatic Systems at Laurentian.

The CFEU has made a notable impact in the science world. The long term ecological monitoring that the CFEU has performed over the last 30 years has produced one of the most comprehensive databases for stressed and recovering aquatic systems in the world. Along with their award winning research, the Co-Op Unit's scientists have also published more than 100 journal articles in top rated scientific journals, and are in high demand as speakers at conferences around the world. The CFEU is also well known for their reputation for training youth and is now one of the largest aquatic science research and training sites in Ontario. The Living with Lakes Centre is the next step in ensuring that the CFEU continues to grow and prosper. The increased capacity will also expand internship and youth programs, encouraging students and researchers to remain in the Northern Ontario area.

The Co-op Unit employs up to 50 contract staff and students per year, and has an annual budget of \$1 million. The Living with Lakes Centre



Contributed

Above is a rendering of the Living with Lakes centre once construction is complete. The building is the first in Canada to receive the Platinum Leadership in Energy and Environmental Design certification (LEED). All parties involved in the project are extremely excited for the potential impact that this building will have on the city of Greater Sudbury and the surrounding area, let alone Laurentian University.

will allow for an expansion of the education and training capacity. The Ministry of Natural Resources will be contributing a Research Scientist and a Senior Technician as Ontario Public Service staff, and will also be contributing funding for a number of the seasonal and contract staff. The Ministry of the Environment will also be contributing experts in their field, providing a Senior Research Scientist and a Lake Monitoring Coordinator. The Living with Lakes Centre hopes to attract a number of other research positions, funded by research grants. Research-related employment has also been provided to over 200 students, many of which have gone on to pursue careers in local industry and academia.

The goals of the Living with Lakes Centre are easy to understand. The first is to construct facilities to support and sustain the world-class research programs that the Cooperative Freshwater Ecology Unit organizes and promotes. The second is to design a high-performance building to achieve the prestigious LEED Platinum certification, the first building in Canada to accomplish this. The LEED certification is the Leadership in Energy and Environmental Design award, presented to only a select few structures that pass strict sustainability and energy efficiency regulations. It is also hoped that this will encourage other cities and organizations to work towards environmentally supportive structures. The third goal of the Centre is to demonstrate the best of environmen-

tally sound shoreline development and stormwater management. This will be completed in a number of ways, including wetland development and grey water systems. Fourth, the Living with Lakes Centre will monitor the performance of the building and provide a high-quality work environment with low cost operating expenses. Finally, the fifth goal is to support special educational programs dealing with restoration ecology and aquatic resource management. This will ideally attract both students and researchers to Sudbury, encouraging participation in the community and in the scientific research fields.

The Living with Lakes Centre will be built with a 'green' design, and operating costs have been cited at least 70% less than a conventional building of the same size. The building site utilizes a number of sustainable materials, including glass, limestone and pine on the outside, ensuring that the Centre's presence is non toxic to the surrounding wetlands. The inside of the Centre will be built with exposed wood beams, recycled timber and natural stone. The architects are also implementing a number of sustainable building techniques, including a green roof, used to store and filter rain water, which will be stored underground to enhance hot and cool thermal energy. Renewable energy is also being utilized, including geothermal energy and a wind turbine. In combination with a high performance, energy effective electrical system, the Living with Lakes Centre will be innovative and one of a kind. To

support CFEU's research, as well as to promote sustainable growth, two wetlands will be constructed on the property, one indoor and one outdoor. These wetlands will be inhabited by a variety of plants and will help to contribute to the energy efficiency of the building itself.

Dr. Judith Woodsworth, Laurentian University President, has been very supportive of the project: "We are very proud of the Living with Lakes Centre - it will improve quality of life for generations. There is a great deal of enthusiasm for this project, and we look forward to continued community, government and private-sector support to make it a reality."

The project has also been largely supported by local industry, notably from Inco and FedNor. Each company contributed \$300,000 to the Centre, which will enable the city and the CFEU to employ architects to complete the design phase of the project. In addition, Laurentian University has committed \$800,000 to the project, helping to build a new Aquatic Restoration Ecology Laboratory, and it has hired a project administrator to lead the fundraising and capital development effort. It is believed that the Living with Lakes Centre project will help to promote economic growth and community partnerships, as well as identifying Sudbury as a leader in innovating environmental design. The Living with Lakes Centre is expected to have recovered the initial investment in 6 years, and the energy saving measures will have saved the CFEU over \$1

million over the next 25 years. It is obvious that sustainable eco-friendly architecture has become well worth the initial cost to build.

According to Statistics Canada, the environmental industries currently employ about 150,000 Canadians. In addition to employment possibilities, environmental fields help encourage and support a better quality of life for Canadians and the planet. Sudbury and Northern Ontario are fortunate to have access to hundreds of lakes and abundant fresh water, and these benefits help organizations like the CFEU to study local ecosystems and develop technologies that ensure that fresh water continues to be an available resource. Honourable Member of Parliament Tony Clement encouraged the Sudbury area to promote the protection of its lakes: "With more than 30,000 lakes in the Sudbury district alone, Canada's new government is proud to demonstrate our commitment to the protection of this natural resource, not only as a source of drinking water for residents, but as a foundation for the tourism industry in Northern Ontario."

The Co-op Unit also hopes to use the Living with Lakes Centre to embrace community partnerships. Their research into water protection and environmental protection and rehabilitation will help support the Sudbury community, as well as other Northern Ontario communities. The Co-op Unit is already involved in a number of programs, including the Boreal Shield Climate Change Network, which connects climate change monitoring information among a number of Ontario locations. The Co-op Unit has also been involved in the Junction Creek cleanup efforts, as well as becoming a partner to EarthCare Sudbury's Local Plan to promote sustainability. As these partnerships develop and support each other, the Sudbury community will continue to be supported and aided by the Living with Lakes Centre.

The incredible work that is already being accomplished by the Cooperative Freshwater Ecology Unit will only grow with the new Living with Lakes Centre. The community partnerships and more effective and inspiring environment will create an atmosphere of innovation and advancement, and encourage the participation of local students and researchers. Through the Living with Lakes Centre, Sudbury is poised to become a figurehead in the movement towards a sustainable future.

LAMBDA STAFF

EXECUTIVE STAFF

Editor-In-Chief

Matthew Desrosiers

Financial Director

Tannys Laughren

Assistant Editor

position vacant

EDITORIAL STAFF

Arts & Entertainment Editor

Nadine Visschedyk

Sports Editor

Lauren Larocque

Science & Technology Editor

Alexandra Taylor

CONTRIBUTORS

Lambda is currently looking for volunteer contributors for the 2006-2007 Academic Term.

BOARD OF DIRECTORS

Taryn Green

Paul Godkin

Alison Hood

Luke Norton

Rob O'Flanagan

Ashley Thomson

Matthew Desrosiers

PRINTER

Journal Printing

CIRCULATION

Lambda circulates 2,200 copies throughout the City of Greater Sudbury and the Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments.

Williams Coffee Pub
The Townhouse Tavern
Black Cat Too!
Regent Street Residence

Lambda Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by members of the Students' General Association / Association generale des etudiantes, yet remains autonomous from all university organizations, both student and administrative.

SCE 301 Student Centre
Laurentian University
Sudbury, ON P3E 2C6
(705) 673-6548

lambda@laurentian.ca

WRITE TO US

Include your full name and student number. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist, for length, or legal purposes.

Letters of a harassing or slanderous nature will be dealt with by the proper authorities.

E-MAIL SUBMISSIONS

Please e-mail submissions to lambda@laurentian.ca.

Ensure the file is saved as TEXT or Word, as other files may not be transferable to Mac format. To be considered for print, all submissions must have your name and student number.

EDITOR'S CORNER

Road threatens campus

Hey everyone, I just wanted to make you aware of something that has recently come up. The city is planning to build a road that connects Highway 69 South and South Bay Road. The road is a problem because it will cut right through a forested area on campus (see satellite image below) that is home to a number of hiking, biking, and skiing trails.

Community members from the surrounding areas use these trails, and they also play an important role for the University itself. They are used by the Nordic Ski and cross-country track teams for training, they are used by biology students going to the conservation area, they are used by students from the outdoor adventure leadership program, and they are used by many other students for exercise, recreation, and for getting to and from the South End with ease.

The road is being supported by the city because it is a means of providing alternate access to emergency vehicles, and it is important to recognize the need for this. In the case that there is an emergency and Ramsey Lake Road is blocked, then vitally needed time could be lost trying to get to the scene of the emergency. There is, however, a small road that already connects Loach's Road to the university that could easily be upgraded to handle emergency vehicles. The new road being proposed is a four-lane wide parkway, which is a lot more than just emergency vehicles would need. The reason for the extra lanes can probably be found in the plans for a new subdivision, which can be seen in a downloadable image for the Laurentian Nordic Ski Team's website at www.laurentian-nordic.com, and will probably deforest a significant portion of this undeveloped land.

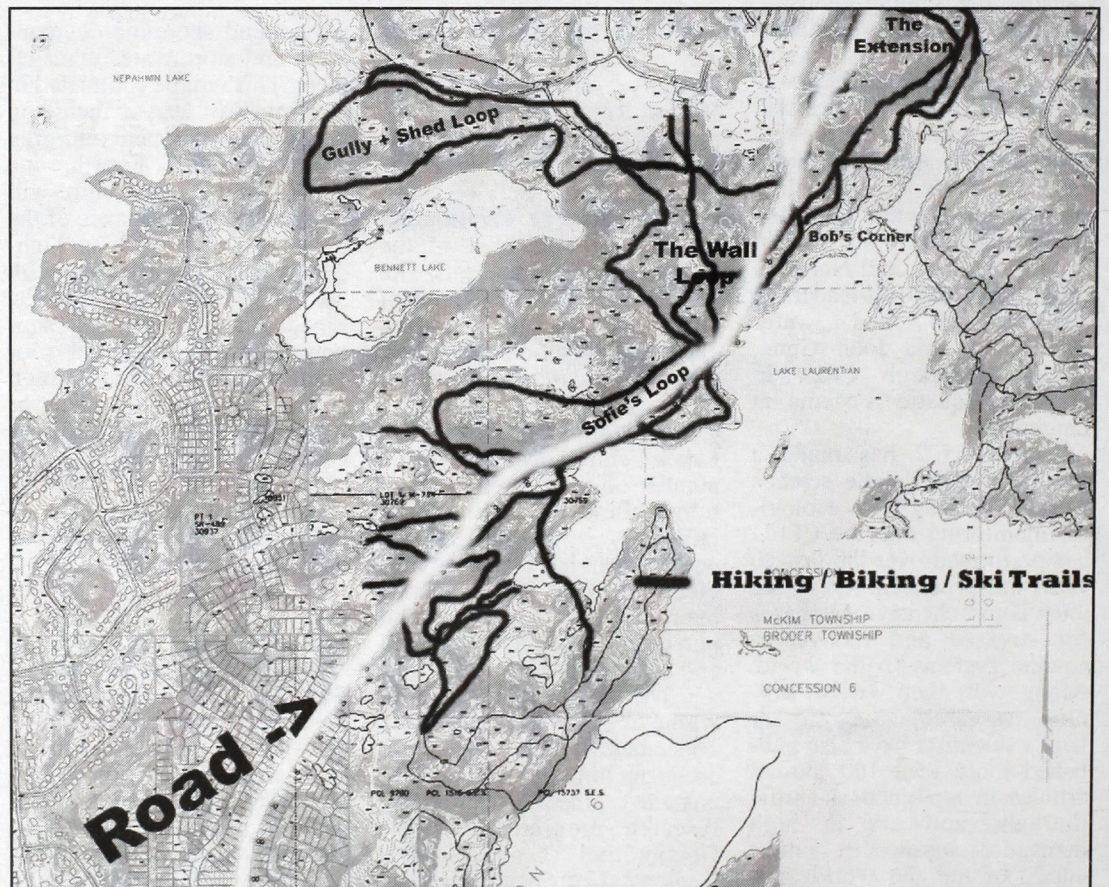
When we went door to door in the area last weekend with the Sustainable Earth Club and members of the Nordic Ski Team, we heard from a lot of people in the area. Many people along Ramsey Lake Road felt that traffic was really high on the road and needed to be alleviated. Yet there are also a few options available to meet this need that wouldn't require that a road through our trails be built. For example, the shoulders along Ramsey Lake Road are big enough that the road could be expanded by at least one lane, and perhaps even by two, which would provide more room for vehicles and help ease the bottleneck that the start and end of classes creates. Another alternative could be to connect Ramsey Lake Road to the Howie-Moonlight area, which would provide an alternate way to the university for people coming from New Sudbury or outlying areas like Garson and Coniston.

If we as students don't voice our concerns over this proposed road, it is very likely that the plans will go ahead. So it is



LUKE NORTON
SGA PRESIDENT

important that we all take a few minutes over the few days to learn more about this proposal and to write a few brief letters of concern. The city has hired a local firm, Dennis Consultants, to update the environmental assessment of the road. This assessment will examine the social, economic, natural and technical impact of the proposal, and as part of the process we have an opportunity to write or email them and voice discontent. The firm can be reached by mail at asorensen@rvanderson.com or atherrien@rvanderson.com, by phone at 705-560-5555, and by mail at:



This image from Dennis consultants shows the layout of the proposed road and the trails that it will dissect.

Dennis Consultants
436 Westmount Avenue Unit 6
Sudbury ON
P3A 5Z8

A quick email from you as a student in the area can have a great impact on the outcome of their study. You can also write a letter-to-the-editor for the local papers and email it to letters@thesudburystar.com and lifedit@northernlife.ca. If you want to get involved with the campaign on campus to stop the

road, email me at sgapresident@laurentian.ca.

I'll do my best to keep everyone informed as new developments happen, but please take a moment and help us take a stand against unchecked development that threatens to begin to eat away at the beauty of our campus.

SPACE FOR RANT

How exactly do you submit a piece for Space For Rant... it's easy! Email us at lambda@laurentian.ca, call us at (705) 673-6548, or drop us a letter in the mail at SCE 301 Student

Centre, Laurentian University, Sudbury, ON P3E 2C6. Remember: Lambda is the voice of the students. Make sure your voice is heard.

EDITOR'S CORNER

A reflection on Lambda and its future

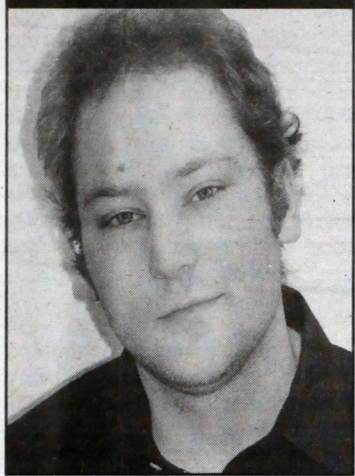
Allow me to begin this editorial with an apology to all of our readers. As some of you may have noticed, Lambda was not on the shelves two weeks ago as it should have been. I dropped the ball, and due to various circumstances we were forced to cancel that issue. It won't happen again, that I promise you. This ordeal has caused me to sit back and re-evaluate what Lambda really is.

What is Lambda to you? Is it a news source? The medium through which your voice is heard? For that matter, what should Lambda be? We have gone through many stages in our history. At one time Lambda was a loud voice on this campus. Within these pages students took a stand on something and refused to budge. They looked adversity in the eye and spat in its face. Lambda was aggressive and never apologized for it.

A less glorious era followed...it was a time when Lambda was a joke more than anything. It wasn't the voice of the students, but of one student. It had the credibility of a Hollywood tabloid, and was treated as such by the students. These same students eventually made such a verbal complaint against Lambda that our doors were shut and the locks changed!

When the paper was re-established just a few years ago, we entered into yet another stage of Lambda's life cycle. In the light of past failures, we took a hard news style approach,

Editorial



attempting to rebuild credibility. Reading Lambda has become like reading the local paper. Formatting and regulations have turned Lambda into a hard news source for Laurentian Students, a legacy that I will not be ashamed to leave behind.

The question remains, however. What should Lambda be? Let's talk about bias for a moment. Should I start taking aim at the administration and pick them apart in these pages, making war on Laurentian as I see fit (with the students in mind, of course)? Should this paper be a source for students to learn about what is wrong with their school and to go off about the things

bothering them? It would be easy to do this, I think. And I think students would read it and possibly enjoy it. Every now and again I will go through the archives and read some of our old issues. I catch myself wishing that I could have been a writer back then, taking aim at anything I thought needed a kick in the pants, and turning the minds of students to my avenue of thought on the subject. You could do that back then because everyone else was doing it. Student papers have a history of being bold, loud and defiant to their bitter ends. It definitely sounds like a glorious way to go, falling amidst a hail of written gun-fire.

Journalism has changed since then. These things don't really happen anymore. Censorship played a large role in these changes. Lambda refused to censor itself until students had had enough and shut it down. While other papers across Canadian campus's continue to fight against administration, they do so in a much more 'politically correct' way. And they do so looking back at those 'glory days' when anything was printable, and the juicier the gossip or harsher the story the better it was. After much thought on this topic, however, I have to say that those papers whose purpose is to target and destroy administration or find fault in everything that goes on at the school have missed their calling. I do not believe that the role of newspapers is still to tell students who to hate and why, if

indeed that was ever the proper role in the first place. I can tell you that it is surely not Lambda's goal to do that.

I struggled coming to this conclusion because, as I mentioned earlier, student newspapers who were defiant and loud were seen as the glorious papers of our past. I wondered if anyone even cared that Lambda didn't publish last issue because I doubted if we were even relevant. And then students began asking me where the paper was. They would come up to me and say: "Hey Matt, where is this weeks issue of Lambda? Do I have the right day, because I've looked everywhere?" So I realized that people do care about this little paper. They care because Lambda represents something to them.

I believe that Lambda is a representation of Laurentian University. It is a product of Laurentian's student, supported by Laurentian staff, and filled with Laurentian news. We represent the student at Laurentian, and as such we have a responsibility to be just in what we print. It is not my job to tell students what to think. Instead, I give them the information they need to make these decisions on their own. Lambda provides the means through which students stay in touch with their community and home. It is a way for them to relate with each other, with their struggles and triumphs, their highs and lows, and their circumstances. Maybe it's my own bias

that makes me say this, but Lambda is the thing that ties this school together. Not everyone reads this paper, but for those who do, Lambda keeps them in touch.

So back to the original question, what should Lambda be? Well, we definitely should not be a paper of the past. Lambda is an entity maintained by students, and as students change so to does Lambda change. I suppose I cannot write in stone what Lambda will be, but I can say this: Lambda will always be. Well, as long as I am here anyway, Lambda will also be here. And we will not miss another issue, that I can also promise.

I wrote this article as much for myself as anyone. I will admit. Things in this office have been discouraging of late, but support from the students has improved the mood tremendously. Lambda is your paper, and I want to hear what you all think about the things I wrote in this editorial. What is Lambda to you? What do you think it should be? Am I right in what I've said, or am I way off? Get in touch with me or stop in the office and let's talk! We all want to hear from you.

Lambda is located in room SCE 301 on the 3rd floor of the student centre. We can be reached at ext. 6548, or call (705) 673-6548. You can also e-mail us at lambda@laurentian.ca.

Can you rule the world?

Hello again to all you students! As you might know LOCS recently celebrated Guy Fawkes day and it was a great event. Thank you to everyone who came out for the free candy and to support your off campus group! For anyone who attended the Guy Fawkes day celebration, you can get into our next event for free.



Contributed

Above are the winners of the Guy Fawkes day costume contest. LOCS celebrated the day with a showing of the movie 'V for Vendetta'.

Our next event is coming up rather soon. This November the 17th, LOCS will be having our first ever RISK tournament. There will be great prizes and it is only a dollar to enter (FREE for LOCS members). To register, visit the SGA office before the 17th. The event will be held in the SGA commons room at 3 p.m. on the Friday. For all the

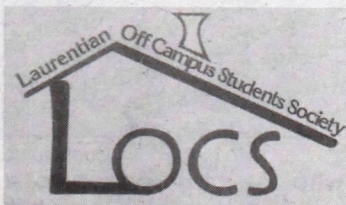
winners there will be a final show down on the following Friday.

Just a note to those who like to play hockey; LOCS is finishing up the final touches on our annual hockey game. If you like to play hockey please check out the next article for there will be more information on this event.

Before I close yet another epic story of the great LOCS, I would like to take a moment to thank the SGA for their generous club funding donation and constant support. Without their help LOCS would just be a bunch of people who are off campus, with no form or purpose (other than being students). So thank you, SGA!

A big thank you to my loyal readers as well!

-Sarah Patterson
LOCS President



Wine and Cheese Unites Cultures

BY DANIELE MUSCOLINO
CONTRIBUTOR

Over 120 members of the Modern Languages Clubs at Laurentian University filled the Caruso Club Lower Hall on November 9 for a Wine & Cheese Culture Night. The event brought members of Incontri, Laurentian's Italian Club, and El Club Hispano, Laurentian's Spanish Club together for one night to acquaint themselves with each other.

The event showcased both cultures through different displays, decorations, and of course - food. Spanish food included the very best in nachos and enchiladas, while the Italians pleased with pizza and pastries. Both cultures also provided music in the two different languages.

The executive committees of both Incontri and El Club Hispano have been planning this event for months in anticipation of bringing both clubs together. "I think it's important as two clubs underneath the Modern Languages banner, to come together to meet with one another" said Silvano Costantini, vice-president of Incontri, "we had a chance to get to know each other

and we had a great time."

Both students and professors came together at the Wine and Cheese that included football games, many raffle draws, and great-tasting Italian wine. Many sponsors came together to make the night a success, with much appreciation from both clubs.

After all was said and done, everyone went home extremely satisfied, and the clubs were able to bring the left over food to The Samaritan Centre in Downtown Sudbury who was more than grateful to accept the donations.

The clubs are planning another event together - the annual "Festa Fiesta" a formal dinner and dance to be held in March of 2007 as a part of Modern Languages Week.

For now, the Spanish Club is looking forward to their first dinner at La Casa Mexicana in mid-November, while the Italian Club is looking forward to a "World Cup Champions" Pub Night in the Pub Downunder in January 2007.

Both clubs can be reached by email at elclubhispano@hotmail.com, or lu_italian@laurentian.ca

COLUMNS

Teenage smoking does not aid weight loss, Canadian study suggests

BY ALEXANDRA TAYLOR
SCIENCE&TECH EDITOR

A study released last week revealed that teenage girls who smoke to maintain their weight are jeopardizing their long-term health for no reason. Over 1200 students in the Montreal area participated in the study, organized by the Genesis research group. Funded by the Canadian Institutes of Health Research and the Heart and Stroke Foundation of Canada, the teenaged smoking study is one of many projects being done by 30 researchers affiliated with Genesis.

The \$1.5-million project is believed to be the largest scientific study of gender and heart disease. Other projects look at whether women and men have

different heart attack symptoms (preliminary findings suggest they may not); the genetic differences between genders that may relate to obesity-linked hypertension; gender disparities in cardiovascular interventions like angiograms and surgery; and how drugs used to prevent heart failure may have different effects in men and women.

Louise Pilote, the lead researcher of the Genesis ICE team, an acronym for Gender and Sex Determinants of Cardiovascular Disease — Interdisciplinary Capacity Enhancement study, said that the information about the Montreal teenagers was not complete, but that the study has already revealed some interesting results. Research has shown that

girls who smoke gain as much weight during puberty as non-smoking girls do as they age. The males in the study who smoked appeared to gain less weight than their non-smoking counterparts, but they were also notably shorter, suggesting that smoking impedes normal growth during adolescence. The study was performed on students aged 12 to 17, of which 42% of the males and up to 73% of the females were smokers. According to Pilote, "Girls do say that they smoke to keep weight off or lose it, but the science doesn't prove that smoking had no effect on girls' weight. Boys gained less weight than girls."

Dr. Beth Abramson, a cardiac prevention specialist at St.

Michael's Hospital in Toronto and spokeswoman for the Heart and Stroke Foundation, added that "smoking is in and of itself dangerous but we need to also tell teenagers that it is not a mechanism to maintain their weight. Making heart-healthy food choices and being active are the things that control weight".

A 1997 study at the University of Toronto showed that those who believed they were overweight were more likely to smoke than those who regarded themselves as average or thin. In the study, researchers administered questionnaires to nearly 4,000 Catholic high school students. It revealed one-third of girls considered themselves overweight, compared to 14% of boys, and that the girls

who thought they were overweight were 50% more likely to smoke. Smoking is also a continuing trend in colleges and universities, especially among young women concerned about avoiding the 'freshman fifteen', despite studies that prove that healthy eating has a much bigger impact on weight than cigarettes do.

In an interview with CTV, Joanne DiNardo of the Ontario Lung Association pointed out that the tobacco industry continues to work diligently to recruit young smokers. "Smoking isn't glamorous," DiNardo said, "and the tobacco industry is actually duping you. They're out to get young people. Who else is going to replace all those smokers?"

Ask for Mercy: P for Procrastination

BY JAN CARRIE STEVEN
STUDENT SERVICES

We've all done it — put off until a later time something that needs to be done sooner. It ends up taking up more of our time, money and brainpower than it would have — had we been timely about our tasks.

Why do we procrastinate?

Sloth is a big reason — but not the only one. The task may be unpleasant or very difficult. You may not be ready to make a decision or you feel a decision is being forced on you so you delay just to get back at your boss or teacher. You may be afraid of failing and would rather get a zero than an F; you may be a perfectionist and would rather have marks taken off for lateness than hand in a product you're not happy with.

One reason we put things off is because we are too tired to make good judgment and we respond to the thing that makes the most amount of noise. The biggest time-wasters according to the folks who measure that kind of thing are 1. email and internet; 2. phone; 3. meetings; 4. interruptions by co-workers; and 5. clutter.

The answer to many of your problems can be found in a very simple, time-tested tool — it's called the Master Schedule or Weekly Planner. Put "weekly schedule" into Google — the first result is a sample from the University of Minnesota in Duluth. Here is what you need to put in your schedule:

1. the names and times of your courses
 2. when you are going to study and what. Note: put the hardest stuff at the beginning of the week.
 3. time to eat, sleep, exercise, commute.
- Folks who undereat need reminders to eat; folks who

overeat need limits on their eating times.

The tendency of students is to stay up later and sleep in later. This is the reverse of the most productive use of your wake/sleep cycle. You need a minimum of one half hour of fast walking — or the equivalent — everyday. Commuting can be a huge time taker. Whether you use it for your benefit or waste it — that's your choice.

4. work, volunteering, and religious requirements

5. fun time with family and friends

6. personal or "down" time.

If on filling this out you run out of "blocks" of time — it may be that you are not procrastinating. You simply don't have enough time to do all the things you want to do. If you have lots of blocks of time, it may be that you don't have enough to do.

You have the time to put things off, and you do.

If in spite of your best efforts you are doing less of what you need to be doing, and more of what you find yourself falling into, it can be extremely helpful to talk to a counselor at Student Services. It may be that you haven't found the "why" to your university life, as in "Why am I in university?" or "What in the world am I here for!?" or "Where do my strengths and interests lie?"

Dr. Viktor Frankl, psychiatrist and holocaust survivor, wrote, "He who knows the 'why' for his existence, will be able to bear almost any 'how.'" See a senior student (Angela or Onekar) or regular counsellor (Sally, Marc, Lynn or Jan) at Student Services. To paraphrase Rhett Butler from *Gone with the Wind* (or Alfred the skeleton from *The Corpse Bride*), "Frankly, scholar, we do give a damn!"



Mercy is a pet therapy dog who may be coming to a Student Services near you. These eleven puppies were her last litter before "retirement."

Getting It Write: Tips from the writing assistance program

BY MEGHAN COX
CONTRIBUTOR

If you have trouble writing introductions, you're not alone, since this is a common problem. Following a few guidelines, though, can make the job easier. First, the items in the following checklist need to be included:

- Introduce topic of piece of writing
- Provide background information on topic
- State thesis
- Provide support for thesis
- Things to do:

Avoid phrases like:

- "In this essay I will..."
- "I will be going over..."
- "The following essay will argue..."

Try to put some enthusiasm in your tone.

Make your introduction flow—connect your sentences.

Keep your introduction to about half a page.

Use one of these as a beginning:

- An example
- A series of brief examples
- A personal anecdote
- Some general (though not vague or boring) background observations
- A rhetorical question
- An attack on conventional wisdom

One style of introduction is often called "The Funnel" because it is shaped like one—it begins very generally and moves to the most specific, which is your thesis. Here's an example:

General:
Teens can experience a wide

range of problems. Not all teens, of course, have such problems.

More Specific:

Self-esteem is a major concern for many girls, while drugs and alcohol are sometimes concerns for boys.

More Specific (thesis):

The causes of these issues are fundamental; they are rooted in teenagers' home life, social life, and school life.

Here's the finished product:

Teens can experience a wide range of problems. Not all teens, of course, have such problems; however, from the time they enter adolescence, many girls experience low self-esteem and a poor self-image. At this same stage in life, numerous boys tend to become easily immersed in drugs and alcohol. The causes of these issues are fundamental. Upon close examination, it is obvious that these issues are rooted in teenagers' home life, social life, and school life.

Here's an example of a creative beginning using a rhetorical question:

Is it true that the 21st century will be the hardest ever for teenagers? With the wide range of problems teenagers experience today, it is quite possible. Not all teens, of course, have such problems; however, from the time they enter adolescence, many girls experience low self-esteem and a poor self-image. At this same stage in life, numerous boys tend to become easily immersed in drugs and alcohol. The causes of these issues are fundamental. Upon close examination, it is obvious that these issues are rooted in teenagers' home life, social life, and school life.

CAMPUS NEWS

Students celebrate at the SPAD Halloween Bash

BY MATTHEW DESROSIERS

EDITOR-IN-CHIEF

On October 31, SPAD students held their first ever Halloween Bash in conjunction with the SGA Trick-Or-Eat event to collect food for the student food bank here on campus. Students paid \$7 at the door, but only \$5 if they also donated a non-perishable food item.

"Overall it went really well," said event coordinator Amanda Nigh. "We had to turn away a few people." Nigh, along with Jason Bebawy organized the event with support from their fellow fourth year SPAD students.

The Bash filled up one half of the Great Hall, which was decorated in spooky fashion and rocked by the Undead DJ, Jason Briscoe. The Pub DownUnder also took part in the event, providing a fully licensed cash bar to make this one crazy and not-quite-sober Halloween party.

Each student who donated a food item also received a raffle ticket and was entered into a draw. The 24" television set was given to the winner of the draw, Erin Caley. Their giveaways were not over by any stretch of the imagination. For having the best pumpkin carving, Lindsay Auld and Madison Wright won a Molson Canadian duffle bag with 10 Canadian pint glasses. The



Matthew Desrosiers / LAMBDA

Students came out in full force for the SPAD Halloween Bash on October 31st. Above is shown Britney Fong, a.k.a. the great Fongini, winner of the best costume award, with friends. The event not only raised money for SPAD, but also collected food for the on campus Student Food Bank.

best group costume award went to a group of girls who were dressed up as a case of mixed beer bottles. Kara Henderson (Carling), Laura Bronson (Molson Export), Sarah Reid (Budweiser), Donna Reid (Labatt 50) and Selena Coupland (Coors

Light) won a slew of prizes, each receiving a Molson Canadian duffle bag, 10 Canadian pint glasses, \$60 gift certificate to Sapporo Ichibang, \$50 gift certificate for Topper's Pizza and the Rocky Horror Picture Show DVD. This award was not won as

easily as some of the others. The girls had to win a 'Thriller' dance off against other groups in order to secure their prize.

Probably the most prestigious award of the night, however, went to Britney Fong. Fong outdid herself by dressing up as a

vintage arcade Fortune Teller, complete with fake moustache, a slot for quarters, and a cheesy name. She won \$240 worth of gift certificates for the Beer Store.

"A lot of people put real effort into their costumes," Nigh said. "A lot of people went way over what we expected. The entire crowd picked who won." Nigh also explains that the event was placed on campus so that all ages could attend. The alcohol was contained within the 'Beer Garden', which was watched closely by the Pub DownUnder security staff.

According to Nigh, the event was very expensive to put on, however no actual numbers were released by the organizers. Nigh explains that most of the money that was raised went right back into the event. The profit that was left over is being put towards the fourth year SPAD field trip that is held every year. Throughout the year, SPAD puts on a number of events similar to the Halloween Bash in order to raise money for this trip. "Campus would be pretty quiet without us," Nigh said. "It's a way for us to give back to the student community here."

SPAD students plan these events as part of their curriculum. The next big event in the works is the annual SPAD Grey Cup party on November 19th.

Laurentian hosts its annual Women's History week celebration

BY AIMEE-LYND GUERIN

CONTRIBUTOR

October is Women's History month and, for the past 13 years, Laurentian University has been the host of an Annual Women's History Week celebration. This week-long event is organized

by the Laurentian University History Department with the help from several other departments such as: the Office of the Vice-Presidents Academic, Office of the Dean of Social Sciences and Humanities, Office of the Dean of Professional Schools,

Department of History, Department of Women's Studies, the Presidential Advisory Committee on the Status of Women and the School of Education (English Language).

This year, we had the pleasure of welcoming Dr. Karen

Dubinsky, Professor in the Department of History at Queen's University. Dr. Dubinsky is a successful author of women's history and tourism, but recently she has turned her passion to the field of international and interracial adoption.

Hence, this was the first topic to be discussed on Wednesday October 11th. Unfortunately, this talk entitled "A Haven for Racism? Interracial Adoption Since the 1950's" was cancelled due to severe weather conditions. Her second presentation entitled "The National Baby: Saving Cuba's Children, From Operation Peter Pan to Elian Gonzalez", on Wednesday at 7pm, went as scheduled in the Brenda Wallace Reading room. Those who missed this discussion should refer to Dr. Dubinsky's forthcoming book "Babies Without Borders: Adoption and the Symbolic Child in Canada, Cuba, and Guatemala".

On Thursday October 12th, Dr. Dubinsky explained the meaning and the research that went into the study of "The Second Greatest Disappointment: Revisiting Niagara Falls". In 1918, the town of Manchester, currently

known as the world renowned city of Niagara Falls, was faced with the question: "What does Niagara Falls NEED?". No one replied that "they wanted more tourists" (p111 Dubinsky). Yet, Niagara Falls is the Honeymoon Capital of the world! Dr. Dubinsky explained the interesting history of this city.

The final day of the lecture series featured the film "Open Secrets: Homosexuality in the Military During WWII", by José Torrealba. Under the tutelage of Dr. Dubinsky, Paul Jackson wrote the doctoral thesis that inspired the production of the above-mentioned film.

This short film showed men talking openly about their feelings and experiences as gay men in the military during WWII. This story was simultaneously very touching and disturbing. The hardships these men endured were stupendous, but it also served as an important reminder as to how much progress has been achieved for homosexuals since the thirties. This was a great conclusion for another successful Women's History Week Celebration at Laurentian University.



Only \$5

Many prizes to be won!!

3rd Annual
SPAD
Grey Cup Party

Sunday November 19th
Huntington Social Centre

Doors Open at
5:30pm
Kick-off 6:00pm

All-Ages
Licensed Event!!

Tickets at the
SPAD Office
F330A
(Fraser Building)



The Drawing Circle are currently looking for new members and live models

Models must be reliable and willing/able to pose nude

Contact Ann at 869-1318

www.tinlizzy.com/drawingcircle

CAMPUS NEWS

Thorneloe Theatre presents that 'Scottish Play'

BY MATTHEW
DESROSIERS
EDITOR-IN-CHIEF

Macbeth, otherwise known to those superstitious types as 'That Scottish Play', is coming to the Thorneloe theatre. The play opens on Friday, November 17th in the Thorneloe theatre at 8pm. It also shows on the evening of the 18th, a matinee on the 19th at 2pm, and evenings from the 22nd to 25th.

The Shakespearian tragedy began production and casting in late September. The casting was open to theatre students, as well as the public. Most of the 24 cast members, however, are theatre students at the University of Thorneloe. Valerie Senyk, who directed last year's 'Crimes of the Heart', is once again running the show. She has a vision for Macbeth that may not be quite what Shakespeare saw when he wrote the play.

"I did a workshop on Macbeth with my upper year students, [and] I discovered some ideas about it that I wanted to try out in a full production," Senyk said. "I came upon the idea that it was not a lust for power that drives Macbeth, but a sexual addiction. He is seduced by the witches and by his wife. His wife, the Lady Macbeth played by Ashley Parent, replaces the loss of her baby with power that is



Macbeth, played by Luke Norton, and his wife, played by Ashley Parent, lock lips in a sensuous scene during rehearsal for the upcoming production of Macbeth.

achieved through Macbeth."

According to Senyk, her version of Macbeth has an almost

tribal, post modern theme to it. The battle scene and all outdoor scenes were actually filmed out-

side, and will be shown during the play. Bill Sanders, who is a familiar name to anyone who has done any stage work here at Laurentian, oversaw the filming of these scenes. He is also the set and lighting designer for the production.

Luke Norton returns to the stage as Macbeth, the heroic man who is driven to murder and regicide. Last year, Norton played a supporting role as Horatio in Shakespeares 'Hamlet'.

"[The roles are] worlds apart," Norton said. "With Horatio, my job was to support Hamlet. I had limited dialogue. Because I am the lead, I have more lines. Also, Macbeth is a more passionate and angry character." Adjusting to this new role has put some added pressure on Norton, but he is also excited by the potential within the character. "It's been interesting," he said. "It's been hard to connect to [Macbeth] because he is such a different character than I am. It's been a lot of fun. There is a lot of pressure to not let the cast down, but its kind of fun being evil."

The crew has been rehearsing three to four times a week, and some weekends as well. A lot of work has gone into the set, under the direction of Sanders, and also into the costumes, which were designed by Tara Mulcahey. Senyk is pleased with how things

have gone so far.

"Nothing ever goes smoothly," Senyk admits, "but there have been no major problems. We are still waiting on a few technical issues. There are always obstacles to overcome, but I can't complain. The cast has been marvellous and very open to direction."

"It's gone really well," Luke adds. "Rehearsals have been really open. I've learnt a lot about how to access different emotions in a scene. I've become a better actor since Hamlet."

After all the work goes into production, the cast will take the stage to enthral audiences with a tale that countless have enjoyed since the days of Shakespeare. As for Senyk, the excitement is not in watching her cast perform, but in the development of the production. "[Macbeth has been] a little more exciting than last year. It gave me a whole lot more to experiment with," she explains. "I love the process...to see the characters develop. One it hits the stage, I feel the excitement is over."

For audiences, however, the excitement begins with the dimming of the lights. Macbeth has all of the makings to continue on the excellent reputation and traditions of the Thorneloe Theatre. Tickets are currently on sale.

A relaxing vacation. . . just this once!

BY JENIVA DONALESSEN
CONTRIBUTOR

The very notion of the words 'all-inclusive vacation' has loomed heavily over my head the past few years. It just seemed so safe, so protected, and not much of an adventure at all. The glitz, the gold, the tan, the blondes, the margaritas, the beaches, the parties: these vacations are always presented as so sculpted and moulded.

After all, I had painted myself into a corner, labelling myself as a 'backpacker' and scorning the very ideals of these indulging hotel-flight-food-drink empires. I mean, really, my idea of a vacation is traveling into the depths of a country, to the parts where the golden glitz of 'touristdom' has faded, where one nestles into rooms with paint-chipped walls and the leering eyes of cockroaches, and eats empanadas from an old woman's trolley cart.

Yes, there is something to be said for being in a place where communication is a challenge, where you have to find your night's accommodation, and every second is spent inhaling the culture you have catapulted yourself into. That is an adventure. What would anyone like myself find valuable at a place where you can lounge by a pool, enjoy the sun, the sounds, the surf, party with friends, eat and drink to one's full content, and return every night to a beautiful room with an even more stunning view?

A week at the Holiday Inn in Puerto Vallarta, Jalisco, Mexico taught me the difference between adventure and vacation. Sure enough, it by no means provided the rush of my rustic tirades across the rural areas of a country, but could it have provided an answer for the count-

less times I've been told I need to learn how to relax? A grueling summer of planting trees in B.C. left my friend and me, fellow backpackers by trade, with much needed rest and farmer tans in need of desperate tending. Neither of us could have expected the lesson we learned.

At first, it was the obvious things I noticed. Like having meals of mass quantities and

rich French fries and pizza. Then were the luxuries of showers any time I wanted and meeting fellow all-inclusive guests at the hotel, but winding up drinking mango margaritas with locals on the beach. We felt the need to check out the famous tourist bars, Carlos O'Brian's or Senor Frog's, but danced there until all hours with some born-and-raised Puerto Vallartans. Then there was my favourite



Contributed

Jeniva and her friend enjoy a night out in Mexico.

varieties ready and waiting for the slightest notion of hunger, and being able to swim up to a bar and order as many drinks as we wanted without worries of wallets or how we were getting home. The fluorescent orange plastic bracelet ensured not only all the food and drink I could consume but also my queen sized bed at the end of the night.

However, once I saw past these luxuries, my backpacker side kicked in. It was then the little contrasts emerged: not having to chain my backpack to a bunk bed in a 12-person hostel room, but also heading downtown for traditional chilaquiles to escape the hotel buffet's hor-

otel waiter Natalio who charmed all of the blonde gringas with pina coladas and daiquiris in the best interest of his tips, but also served real Mexican margaritas: 90% tequila, 10% orange brandy, and a hint of lime at your request.

At one point we joined some Quebec guys to the bar, but ended up dancing in waist-high foam at a Fiesta de Espuma. I liked not having to worry about where I would sleep at night, and being able to actually unpack knowing I'd be there for the week. In fact, having this safe haven to return to at night almost allowed me to be even bolder and creative in my

daily adventures. True enough, a large portion of people there never even left the hotel property, choosing to sit on the pool deck and tan, but there was another side to these hotels, should one take the initiative to seek it out.

These hotels provided the basic needs of someone who is trying to learn to relax: food (and drinks) and shelter (and drinks), and sun and music. But there were no steel doors or iron fists stopping anyone from discovering what one wanted to find. We took local buses to surf beaches in the next state, and wandered the back streets and markets of Puerto Vallarta's centre. I discussed Mexican archaeology with one of the waiters who had studied it in university, and was taught local Mexican dances and cuisine at the Mexican fiesta nights. And I met the most interesting and eccentric of people from all over, but notably Canada.

These were people I would never have otherwise met back home, and the long nights sitting up chatting at the hotel Lobby bar will be cherished for years to come. So, true enough, the term 'vacation' defines these hot spots, but the adventure aspect awaits anyone willing to get caught up in it.

I flew home feeling like there was a realization I was on the brink of discovering. Having a week to sort it out, it hit me. I take great comfort in backpacking to exotic roads less travelled, enjoying the adventurous route in experiencing my destinations. And this is true, it always does provide for great stories and life lessons. But what if the adventure and culture isn't so explicit, but awaits anyone who chooses to find it? I am not sure I will return to an all-inclusive resort, but my stay in Mexico made me

realize that culture, adventure, and knowledge of one's destination country are always available should one be open-minded enough to appreciate this token of advice. Then again, my hours of lying in the sun and relaxing during my stay there helped me rest up for any upcoming adventures I choose to undertake.

ROGERS
Your World Right Now

↑ **Top 10**
RealTrax™ ring tunes

Week of November 6

1. Chain Hang Low (Kids)
- Jibbs
2. Lips of an Angel
- Hinder
3. London Bridge (Chorus)
- Fergie
4. Money In The Bank
- Lil' Scrappy
5. Money Maker (Pharrell Chorus)
- Ludacris (feat Pharrell)
6. My Love
- Justin Timberlake
7. Push It
- Rick Ross
8. Sexy Back
- Justin Timberlake
9. Shortie Like Mine
- Bow Wow
10. Smack That
- Akon

Text "PLAY" to 4800 on your Rogers wireless phone to download your favourite ring tunes today

PHONES
REDEFINED



CAMPUS NEWS

SGA/AGE and AEF Host 2006 Mayoral Debate

BY MATTHEW
DESROSIERS

EDITOR-IN-CHIEF

The Sudbury municipal election campaign hit Laurentian University this past weekend, as the Mayoral candidates gathered on the 3rd floor of the student centre to debate the issues affecting students in Sudbury.

Candidates David Chevrier, David Courtemanche, Ed Pakonzie, Lynne Reynolds and John Rodriguez were pressed on issues ranging from the Franco-Ontarian flag flying at city hall to the construction of a new emergency access road cutting through the Laurentian Campus, in front of a crowd of emotional students on Thursday, November 9th. The debate was hosted by the AEF (Association des Etudiants Francophone) and the SGA (Students General Association).

The debate began with opening statements. Candidate David Chevrier discussed his frustration with what he calls a corrupt government. He also brought forward his concerns about the level of fluoride in the city water, as well as the importance of the hand counted vote. After making his opening statement, Chevrier announced that this will be the last time he runs for mayor.

David Courtemanche was next, and he discussed his accomplishments as mayor during the last term. He explained Laurentian University's important role in the community, as well as the importance of investing in the community (using construction going on at LU as an example of this).

Ed Pakonzie mostly discussed the importance of the vote. "Get out and vote, because your numbers and your demographics count," he said.

Candidate Lynne Reynolds used her two minutes to outline her plans for the city and what it will take to make that goal a reality. "[Sudbury is] a hot bed of economic opportunity," Reynolds said. "[We need a] new style of leadership to bring the city into a new age." She was also in the middle of announcing a new program that she was working on when her time ran out.

John Rodriguez took the opportunity to discuss what he thought the problems were in the city. He discussed a sense of division and loss of ownership within Sudbury. He also tackled taxes and healthcare. The crowd of students reacted loudly when Rodriguez spoke about taking

provincial and federal issues that were affecting Sudbury straight to the source, regardless of the divisions of power. His loud voice and aggressive statements made his two minute introduction the more memorable of the bunch.

The first question that was asked was on behalf of the AEF students, and pertained to the accessibility of government to French speaking citizens, as well as whether or not they would make Sudbury an officially bilingual city. As expected, each candidate provided an answer that included how important the francophone influence is in Sudbury, and that the city should be accessible for every citizen, whether French or English speaking. David Chevrier took a pass on this question.

The SGA followed by posing a question regarding the new U-Pass, and asking how each candidate will improve the poor transit service to outlying areas. The candidates each discussed the process of improvement and the importance of tying the centre of the city to the outlying areas. Rodriguez stood up in front of the students and raised his voice, vowing to put money into the transit system.

At this point the students began asking questions, starting with the current state of the roads in Sudbury. Courtemanche fielded this question, defending his current administration and discussing the process of repairing the roads around town. "[Fixing the roads is] one of my top five priorities for the next four years," he said.

One of the AEF students stood up and asked the candidates whether or not they believe the Franco-Ontarian flag should fly at city hall, to which each responded yes. Courtemanche made mention that he attempted to get this motion passed in council but it failed during the vote. He vowed to try again. Reynolds also talked about the council and the efforts she plans to make in order to fly the flag. The other three candidates each guaranteed without doubt that the Franco-Ontarian flag would fly at city hall.

The most controversial issue of the debate, however, came when two students stood up to ask about the new emergency access road that the city is planning to build through the LU campus. This four-lane road would cut through undeveloped land that is filled with ski trails, bike paths, and is also used by



John Rodriguez explains his stances on various issues during the Mayoral Debate which took place on the third floor of the student centre on Thursday, November 9th. John Rodriguez went on to win the election.

Matthew Desrosiers / LAMBDA

LU for research in various programs. Courtemanche was the first to address this issue, and he was shocked by the reaction of students. "I support the project," he said. The crowd began to boo and hiss at him. "Ramsey Lake road is over-capacitated, [and we need this new access]," Courtemanche continued, though the crowd was hardly listening at this point.

David Chevrier called upon visionaries to find a way to solve the Ramsey Lake road problem while preserving the campus and the conservation areas therein. Ed Pakonzie also discussed alternatives, and promised to do more research into the project and find a way around destroying this area of campus.

"It is important to develop an emergency route," said Reynolds. "I haven't seen the plans yet, but we need to strike a balance between growth and the environment." She also discussed the possibility of an alternate route, however, she made no promises one way or the other.

Rodriguez, on the other hand, stood up and yelled across the room his opinion on the emergency access way. "I will not support a four lane parkway through the woods," he said. "I will listen to citizens on how to create an access, I hear there is already a rough trail from Loachs road. I promise no parkway!" The crowd cheered his answer to the question, and it was obvious

who had garnered more support throughout the debate.

From the students reaction to the candidates, it could be said that John Rodriguez won the debate. The three minute closing statements were elaborations on the opening statements and a chance for candidates to thank everyone for their support. Students were then encouraged to vote on Monday, November 13th for the Mayor of the City of Greater Sudbury.

The winner of the debate also won the election, as John

Rodriguez took the position as Mayor of the City of Greater Sudbury. There is no way to say for sure how the students voted on Monday, but based on the results of the debate it could be fair to say that Rodriguez won the student vote, as well as the majority of the city vote. Only time will tell whether his strong statements during the debate were his true intentions, however until then, Mayor Rodriguez can enjoy the support of the student population here at Laurentian University.

LKC hosts national Karate training camp

BY KURT LAUBE
CONTRIBUTOR

A martial arts camp was held at Laurentian University (LU) the weekend of November 4th. Hosted by the Laurentian Karate Club (LKC) and including many guests from out of town, the camp featured no less than three different martial arts.

The camp kicked off with an introduction to Brazilian Jiu-Jitsu on Friday night, with guest instructors Paulo Cardoso and Angelo Panoussis in charge of the proceedings. Saturday began the Karate portion of the camp. Under the guidance of Shihan (Master Instructor) Raymond Fujino, who was visiting from Vancouver, the forty-plus participants were taken through numerous drills emphasizing the finer points of Goju-Ryu Karate. They gained valuable insight into what distinguishes Goju-Ryu from other styles, such as how to fight in very small spaces and using flowing movements to re-direct an opponents energy. Following this, Shihan Fujino took everyone through the basics of Iaido (the art of drawing the Japanese sword). This was enjoyed by all and offered a glimpse into the techniques used by the Samurai, who are the origins of many of the modern martial arts we see today, including Judo, Jiu-Jitsu, Karate-do, and many others.

Sunday featured a more sparring-based agenda, with all belt-levels receiving valuable instruction on basic kumite (sparring) strategies and movement,

and eventually getting to test them against the black belts. Following an administrative mishap involving lunch on Sunday, the participants were bailed out by a mass order of Topper's pizzas.

The camp finished on a high note, with everyone having been able to train with a wide variety of instructors and one of the top Karateka (practioners) in the country.



Contributed

Shihan Raymond Fujino travelled from Vancouver to attend this years Karate training camp, hosted by the Laurentian Karate Club

Sustainable Tips: Unplug your cellphone charger

TIP: UNPLUG YOUR TELEPHONE CHARGER

REASON: The world used 13% more energy in 2000 than in 1990. Half of this energy was consumed by 15% of the world's population. In 2020, world energy demand is expected to be 1.5 times what it is today, that is, 13.5 billion TOE (tons of oil equivalent) as opposed to 9 billion TOE today. Faced with such forecasts, can we really believe that the damage being

done to our natural environment – first and foremost global warming – has any chance of diminishing?

HOW TO: By unplugging your cell phone charger/ Ipad charger or any other charger, once the battery is full, you will be saving energy.

If you like this tip check out "365 Ways to save the earth" by Philippe Bourseiller. sustainable@laurentian.ca



Laurentian University
Université Laurentienne

GENERAL NEWS

Laurentian University home to new Research Data Centre branch

BY ALEXANDRA TAYLOR
SCIENCE&TECH EDITOR

Anyone participating in research at Laurentian understands the need for up-to-date technology and information. Laurentian's new Research Data Centre, located in the J.N. Demarais library, has been installed to provide students and researchers access to Statistics Canada's micro-data files and longitudinal surveys.

Research Data Centres provide access to a massive number of sources of micro-data from Statistics Canada population and household surveys. The Aboriginal peoples Survey, the Canadian Community Health Survey on Nutrition, Mental Health and Well-Being, the Longitudinal Survey of Immigrants to Canada and the National longitudinal Survey of Children and Youth are a few examples of accessible, unanalyzed data sets. These data sets are useful not only by those in research positions, but also by students in a variety of disciplines, including social sciences and arts.

"Northern Ontario researchers no longer need to travel to Ottawa or Toronto to access this data," says Derek Wilkinson, professor of Sociology and Director of the Institute for Northern Ontario Research and Development. "Many Stats Can non-public data sets, when analyzed, offer in-depth understanding of our Northern communities. I hope to see an important number of researchers take advantage of this new close-to-home facility."

Laurentian University's RDC Branch is a part of the South Western Ontario Research

Data Centre, situated at the University of Waterloo. This branch allows Northern Ontario researchers to study and access the files without being forced to travel to Ottawa or Toronto. This convenience factor is essential to ensuring that Laurentian and other Northern Ontario research facilities are able to recruit and keep researchers and research funding.

The research facility will be open a few days a week, and will be staffed part-time by a bilingual Statistics Canada analyst. Information and training sessions will be offered by Dr. Derek Wilkinson, initiator of the LU Branch Research Data Centre project for researchers and students who are interested in obtaining information and data from the centre. To access the micro-data housed in the Centre, Northern Ontario researchers must submit a project proposal to an adjudicating committee operating under the auspices of the Social Sciences and Humanities Research Council (SSHRC) and Statistics Canada.

The Research Data Centres are useful for a variety of reasons. The RDCs generate a wide perspective on Canada's social landscape, and they also help to create a network of research centers across the country, bringing together both large and small populations and research environments. In addition to training a new generation of Canadian data specialists, they are also used to increase the partnerships between Stats Can, the SSHRC, universities and researchers, and to enhance the Data Liberation Initiative.

The Data Liberation

Initiative (DLI) is a method for improving data resources for Canadian post secondary institutions. In the past, Canadian universities and colleges were forced to purchase Statistics Canada data, file by file. With the introduction of the Data Liberation Initiative, participating post secondary institutions pay an annual subscription fee that allows their faculty and students unlimited access to numerous Statistics Canada public use microdata files, databases and geographic files. There is also evidence that the Initiative is making important contributions to Canadian teaching and research. Additionally, researchers who formerly had to depend mainly on public opinion polls as a source of Canadian data, can now supplement them with Statistics Canada public use microdata.

The initial costs for the six main data centers was provided by the Canadian Foundation for Innovation, an independent corporation established by the federal government in 1997 to strengthen Canadian capability for research. Costs for the remaining centres were covered by other arrangements made by the host universities. The cost of running a main data centre is approximately \$250,000 per year, and this includes funding for space, staff, and regular updating and replacement of computer hardware and software. Year-to-year operating costs are covered by a combination of university contributions, base grants, researcher user fees, and other contributions.

Reptile zoo slithers into the Rainbow centre

BY NADINE VISSCHEDIK
A&E EDITOR

There's an odd fascination that surrounds the world of reptiles. They've been around since long before man. Many of them roamed the earth with the dinosaurs, and their appearances make that very apparent. Reptiles are often seen as scary and gross, they don't have the same basic functions of people and they are often not social. Whether it's the shedding skin, no legs, cold bloodedness or separately moving eyes that creep people out, it's safe to say that they are one of the most misunderstood groups of animals out there.

This weekend at the rainbow centre in downtown Sudbury, Little Ray's Reptile Zoo had an excellent exhibition which helped to quell negative myths about reptiles. The zoo is permanently located in Ottawa, and is the only zoo in Canada of its kind. It is centered on reptiles, but they also have some birds of prey, and lots of big bugs.

The zoo offers lots of traveling exhibits, and if you've ever seen a reptile show at school or at a birthday party, chances are good that it was Little Ray's. The version that they bring every year to the Rainbow Centre is a full display of reptiles including lizards, snakes, and caimans, as well as three birds of prey, and a few bugs such as scorpions. Caimans, for those not acquainted with the reptile world, are crocodiles, alligators and others of that family.

The show gives kids a chance to look at all those cool reptiles, and also has many presentations. It runs all weekend, with about 5 presentations per day, each one introducing a few reptiles, and giving the audience a chance to hold or touch them. "We like to make it as hands on

as possible, because that's what makes it interesting, and also because there are a lot of misconceptions about reptiles and their relationship with humans," said Jesse, one of the zoo keepers who were there on Sunday. Jesse's presentation included a bearded dragon, a tarantula, and a reticulated python. The audience learned that tarantula bites are even less poisonous to a human than a bee sting, and that their real defense lies in the hairs on their backside. They learned that bearded dragons use the spikes on their chins to scare away predators and rarely move in the wild. The audience and clientele in general to the show were mostly children with their parents.

"We gear our stuff towards kids, but we make sure that we keep it interesting for adults as well," said Jesse. "Also, this show and different variations of it can be ordered, and then we make sure to gear the presentations to whatever audience is going to be there". The kids who were at the show at the Rainbow Centre, as a final treat, got to see and pet a young reticulated python. Her name was Bagheera. She weighed 145 pounds, and was 14 feet long. Her mom, who weighs 400 pounds and is 24 feet long, lives at the zoo and is the biggest snake in Canada.

"The show here is always a hit," another zookeeper said. The zoo's aim is to educate people about reptiles in order to keep them safe and to keep people aware of the damage that loss of habitat can do to them. It is also to help people understand something that is often misunderstood. With the vast display there in the rainbow centre, confident and friendly zookeepers, and someone always willing to answer questions, Little Ray's Reptile Zoo is definitely achieving those goals.



On October 19th, 2006, Huntington University invited Dr. Visano to lecture on the effects of media on youth. He was awarded with a certificate of excellence in the Huntington Universities Distinguished Lecture series. From left to right is Matthew Desrosiers, Dr. McCormick, Dr. Visano, Paul Godkin and Allison Hood.

Kristeen McKee / Contributor

Thorneloe Theatre Arts Auditions **TARTUFFE**

by Moliere
(in English Translation)

Wed/Thurs 22-23 Nov
T260 Thorneloe College, 5-7pm
(Roles for 7 men, 5 women)

Short verse monologue preferred but cold readings available
(Actors without evening commitments will have priority)

For further information contact Dr. Ian MacLennan 673-1730 x24

SPORTS

Laurentian basketball begins regular season

BY LAUREN LAROCQUE
SPORTS EDITOR

Regular season for the Lady Vees basketball team opened on Saturday, November 4, with a home game versus the York Lions. The night also proved to be the Lady Vees' first loss of the regular season, as they fell 89-72 to the Lions, who are ranked 6th nationally. The team played a hard game, but were inconsistent. "Our team played with a Jekyll and Hyde approach tonight" said head coach Mike Clarke. "The third quarter was a great one for us where we managed to outscore our opponents, but in the fourth quarter we lost it".

Hoping to rebound from the loss, the Lady Vees went on a two-day road trip on November 10-11. They won their next game versus Guelph with a score of 78-65, earning their first win of the season. Guelph was just as determined as Laurentian to walk away with the win, resulting in a very physical game. The Lady Vees found themselves down 27-25 at the half time, but fought back in the second half with solid defence and pressure created by the offence to take the win. "We shut them down and erupted in

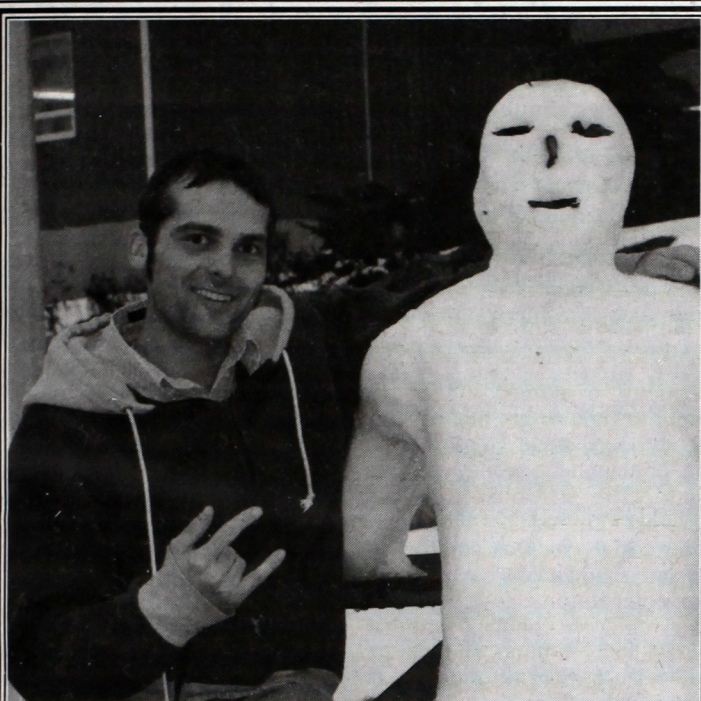
the second half" said head coach Mike Clarke. He was very impressed in particular with the play of Katie Goggins, as he went on to say, "It was a breakout performance by Katie, she established herself as one of the premiere guards in the OUA". Goggins earned 21 points and 7 rebounds.

Hoping to keep their momentum going, the Lady Vees took on Brock on Saturday, November 11. It once again was a close game at halftime, this time with the Lady Vees down by 3 points. The team was unable to stage a comeback, and fell 69-54.

The men's basketball team also travelled to Guelph and Brock. The Voyageurs opened their season against the Guelph Gryphons, suffering a 91-66 loss. The Gryphons played with a high intensity, and while the Voyageurs were able to match the momentum in the first half, they fell during the second. Head coach Virgil Hill said, "we had a chance to knock them out in the first half but we let them catch up. They came back and caught fire in the second half and did not stop catching fire". Craig Bauslaugh led the team in scoring with 14 points.

On Saturday, November 11, the Voyageurs hoped to put the loss of the previous day behind them and come out victorious over the Brock Badgers. Despite the fact that the team controlled the game during the first half, the team came out on the wrong end of a 92-76 final score. Alex Whiteman led the scoring for the Voyageurs with 14 points and 4 rebounds, and Jason Brown earned his first career double double, with 12 points and 10 rebounds. After the loss, Virgil Hill said, "It was a tale of two halves. We played a good first half but in the second half we seemed to fall apart". He also noted that the Voyageurs lacked their usual focus in the second half, saying, "We turned into a jump shooting team in the second half and failed to put it inside where we were dominating".

Currently the Lady Vees hold a 1-2 record for their regular season and the Voyageurs are 0-2. Up next, both teams host Waterloo on Friday, November 17. Tip-off is at 6pm for the Lady Vees and 8pm for the Voyageurs. Both games are at the Ben Avery Gymnasium.



Matthew Desrosiers / LAMBDA

Laurentian student Chris Whissell is enjoying the newly fallen snow. Whissell has been making snowmen in the Laurentian courtyard. You will likely see more of his work around campus as Whissell vows that he will continue to make snowmen throughout the winter. If you think kicking or destroying his snowmen will deter him, you are sadly mistaken. Whissell has already repaired the snowman shown above numerous times, and will continue doing so.

STUDENT WORKS
PAINTING TERRITORY
MANAGER

Currently hiring hardworking students. Don't miss out! Open to all majors. Great resume builder. Average earnings last summer was \$12,200! No previous experience is necessary. Full training and support provided. Do you want to get ahead at a young age? Interested? Please call 1-800-698-2770 ASAP and leave a great message to receive a call back. Deadline Dec.4, 2006

It's not uncommon to have to get shots before you travel.

It's the ones you need when you return that you probably shouldn't talk about.

Laurentian University
New Student Centre
Rm. SCE-234
673-1401

TRAVEL CUTS
Canada's Student Travel Experts
www.travelcuts.com
1-888-FLY-CUTS (359-2887)

OHL GM speaks to SPAD students at LU

BY LAUREN LAROCQUE
SPORTS EDITOR

On Thursday, November 2, Laurentian graduate Jeff Twohey returned to campus to speak with upper year Sports Administration (SPAD) students. Twohey, who holds a Bachelor of Commerce in Sports Administration, is the General Manager of the OHL's Peterborough Petes and shared his experiences with the group.

After showing an introductory movie about the Petes, Twohey told the group about his hockey background. Twohey grew up wanting to play in the NHL, but after an injury ended his hockey career he began working at hockey schools. He decided he wanted to get involved in minor hockey, but wasn't sure where to go next. He ended up at Laurentian by a stroke of luck.

He was in Kitchener one night watching a hockey game when he met a recent graduate of Laurentian's SPAD program and was immediately interested. After arriving at Laurentian, Twohey juggled classes and studying while making time to scout on a volunteer basis. After scouting for Junior B and Tier 2 teams for a while, he wrote the Peterborough Petes a letter asking them if he could scout for the team up in Sudbury. The Petes agreed, but were unable to pay him. As a student, Twohey couldn't afford a car, so he relied on hitchhiking and buses to get him to all the games. Looking back, he claims that this opportunity gave him the chance to get his foot in the door and confirmed that a job in junior hockey was what he wanted.

At the end of his fourth year, Twohey was offered jobs from a few companies who recruited graduating students. He passed over the jobs, deciding to keep pursuing employment in hockey. The Petes didn't have any job openings, so he instead went to work at late NHL coach Roger Neilson's hockey camps. Passing on previous job opportunities paid off, as by mid-summer of

1983 the Petes had an opening as a trainer.

Twohey freely admitted to not knowing anything about being a trainer, from injuries to how to sharpen skates. Determined to keep his job and stay involved with the team, he taught himself and quickly caught on. At the time, OHL staffs were small, so Twohey quickly began to branch out in to other tasks, such as advertising, press notes and maintenance. He also got the opportunity to spend time in the dressing room and got the chance to get to know the players. Seeing the positive effects of staff interacting positively with players would later have an effect on how he ran his team as a General Manager.

After years of hard work as team trainer, Twohey was eventually promoted to coaching positions and then to assistant GM in 1989. In 1993, the GM at the time left and the Petes were looking for someone who they felt would be able to efficiently organize and run the team. The job was offered to Twohey who accepted, although he had also been eyeing the job of head coach.

Twohey accepted the GM position, which led him to give the students this piece of career advice: know your strengths. He admits to knowing that his strengths were in the business end of hockey and running the team, as opposed to serving as its head coach.

Summing it up concisely, Twohey says his job "entails setting the tone for the organization". He has to answer to the Petes board of directors, but essentially he's the one in charge, and everything must pass his approval. "I'm not a dictator GM though", explains Twohey. "I like to divvy up tasks".

The life of a GM is not always as glamorous as it seems. Player conflicts and issues among staff members are just some of the many problems Twohey deals with on a regular basis. During the winter months

in Peterborough, the Petes are a main focus of the cities residents, and as a result Twohey is constantly in the public eye and under the microscope.

"This simply means that you have to develop a thick skin to make it in this business" explains Twohey. He is also confronted with the challenge of running a team that is self-funding and non-profit in the relatively small town of Peterborough. With no salary cap in the OHL, some players are attracted to bigger cities, but the Peterborough Petes continue to flourish under his management. In the past, they have also been responsible for drafting current NHL stars Eric Staal and Chris Pronger. In fact, the Petes have had more players drafted to the NHL than any other team in history.

Twohey also gave advice to the graduating students in the room, which could be applied to students in every program. Based on his experiences, Twohey had this advice to share: have a plan, know what you want to do, and make sure you are associated with good people. Twohey cited Roger Neilson as someone he associated himself with. He also advised the group to not be discouraged or underestimate their time here at Laurentian.

Twohey says his favourite memory of his time here at Laurentian was meeting his wife Nicole, although shinny hockey and nights spent hanging out with his residence floor also hold fond memories.

Recently Jeff Twohey was awarded with the Bill Long Award, presented to individuals who have made an outstanding contribution to the OHL. The award is considered the OHL's highest individual award and has only been handed out twelve times since 1989.

Twohey spoke passionately about his university days, and having such an accomplished Laurentian graduate come to speak to this year's graduating class will definitely be a memory for them.

CAMPUS NEWS

SGA/AGE votes in new Vice President of Student Issues

BY MATTHEW
DESROSIERS

EDITOR-IN-CHIEF

After two months of vacancy, the position of SGA/AGE Vice President of Student Issues (VP Issues) has been filled. Justin Lemieux, whom some of you may know as the manager of the student centre games room, was awarded the position through an internal bi-election held within the SGA board.

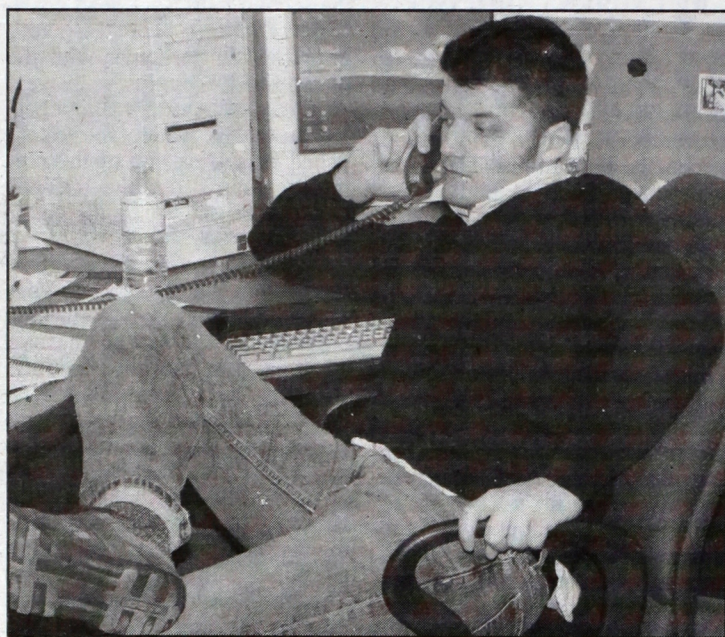
"First, we had to ratify the constitution [to allow for an election]," Lemieux explained. "The board sat down, discussed the nominees and then it went to the bi-election."

A concern that many students had regarding this internal process was the apparent lack of democratic process. Students were unable to vote on the position, and had no say in who would be the new VP.

"The students are represented on the board. It is the job of the representatives to inform their students," Lemieux said. He also continued on by saying that the students were able to discuss with their representative who the better candidate would be. Lemieux won the election unanimously.

As the games room manager, Lemieux must find time to perform both of his duties. He admitted that if he were the VP from the get go, he would not have been the games room manager due to a conflict of interest. However, as he was the games room manager before the election, he is now responsible for both positions. "It's a higher workload to take on both, but so far I'm doing a good job," Lemieux said. "I've spent the last two weeks catching up on backlogged work."

Lemieux is not wasting any time in his new position, and has already begun work on various issues that he feels are important to students. However, not everything is getting his support. For example, the President, Dr. Judith Woodsworth, has contacted various groups around campus in an



Matthew Desrosiers / LAMBDA

Newly elected VP Issues Justin Lemieux gets right to work in his new office.

attempt to raise funds for a Brass band. "We don't have a hockey team or a football team," Lemieux points out. "What's the band going to march to? Maybe they can stand out on the Nordic Trails?"

One issue that does have his full attention, however, is the infamous road that, if planning does not change, will be cutting through the Laurentian campus. Lemieux hopes to be able to put a stop to these plans, and if not stop them, at least delay them for a while. "It's going to be a hard sell," Lemieux admits, "but if we can delay it even a few years it'll be good." Two petitions were sent out around campus and the neighbouring areas to be signed, however there was a problem with one of them. Lemieux explained that if there is a single discrepancy or error in the petition, the board can simply void the entire thing. He passed the petition on to the Canadian Federation of Students (CFS), who corrected it, however the old petition went out instead of the new corrected one. As a result, an entire petition with close to a

thousand signatures is now void, and must be re-signed in full. Lemieux is not relying on just a petition to win this fight, however. "We are going to talk to the mayor and the other elected and see what they can do for us," Lemieux said. "We're going to get the Laurentian Board of Governors to go against it [as well]. If Laurentian is against it, the city can still override them, but it gives us more time." This issue is very important to a lot of students here on campus, and Lemieux is very much aware of this. "Some students are ready to chain themselves to trees, but I don't want it to get to that extreme," he said.

Another project that Lemieux has on the go is bringing Fair Trade to the Laurentian campus. Currently, students can purchase fair trade coffee at the games room in the evenings and on the weekends. The eventual goal was to take over the student centre from Aramark at the end of the year and replace the Tim Horton's there with fair trade products. The project ran into a snag when Lemieux discovered

that in the building contract, despite the students paying for the construction of the student centre, it is actually not owned by them. This means that the SGA/AGE and the AEF do not have any exclusivity or rights to the room. "There is a non-competition clause in the contract stating that Aramark has exclusive rights to all food services," Lemieux explained. "We are going to fight to get this back to the students name. There will be lots of behind the scenes contract work." The SGA also had plans for other Fair trade products apart from coffee, such as completely organic sandwiches, however the non-competition clause put those plans on hold. Lemieux said that he has plans in mind, and that he will release more information as they develop.

There is a concern that Fair Trade products are more expensive than regular products, however, a lot of this cost comes in the mark up. According to Lemieux, the fair trade coffee that is sold in the games room costs roughly 80 cents per cup to make, and customers are charged \$1. All of the money goes right back to the games room. "It's not there to make money," Lemieux said, "but to service the students."

Probably the most talked about issue amongst students is Tuition fees, and Lemieux is not oblivious to this. "In 2005, Canadian Student Loans (CSL) and Ontario Student Loans gave over \$19 million to Laurentian University students," Lemieux explained. "There were over 4,100 loans given out that year.

The average annual debt is \$9,000 per student. Pretty scary numbers, eh?" Over the course of four years at Laurentian, students are likely to see a roughly \$1000 increase in tuition fees.

"The government says that we have to factor in inflation...well inflation is going up 2% a year, and fees are going up 5%...explain that one to me," Lemieux continued. Dan Lalonde, Vice President for L'Association des Etudiants Francophones (AEF), came up with idea to do an event similar to one done in Toronto almost a month ago. Students will put fake money into coffins and hold a 'funeral' for tuition fees at Rick Bartolucci's office. Lemieux thinks this idea is great, and is planning to work with the AEF in reducing fees.

Not only is Lemieux geared up to take on some major issues, he is also working on some internal issues that he feels are very important, such as improving relations and communications between the three main associations here on campus, the SGA/AGE, AEF, and the Graduate Students Association (GSA). "We're always kept in the dark with what the others are doing," Lemieux said. "If we work together on things like Fair Trade, we'll be able to get more done. There is strength in numbers."

If anyone is interested in helping Justin Lemieux fight for any of these causes, or if you just want some more information, you can contact him at 673-1151 ext 1083, or e-mail him at vpissues@laurentian.ca.

Huntington University honours excellence at fall 2006 convocation

BY KRISTEEN MCKEE

CONTRIBUTOR

The spotlight was on students and fellows of Huntington University at St. Andrew's United Church on Thursday, November 2nd. Huntington University, a founding partner of Laurentian University, hosted its fall 2006 Convocation, paying tribute to 25 students and three community leaders.

During the ceremony, more than 20 scholarships were awarded to students who have provided invaluable leadership and support through their educational and extra-curricular activities.

Huntington University President, Dr. Kevin McCormick said students being recognized have made significant contributions to the Huntington University community in a number of ways – as dedicated academics, tireless volunteers and as devoted mentors.

Huntington University also recognized the accomplishments of community members with the



Kristeen McKee / Contributor

From left, Charlotte Johnson, Dr. Andrew Vujnovich, Dr. Kevin McCormick and Ronald Warwick are shown at a social gathering following Huntington University's fall 2006 Convocation.

presentation of Honorary Degrees and Fellowships. Receiving these prestigious awards were Andrew Vujnovich, Charlotte Johnson and Ronald Warwick.

"With the presentation of these awards, we continue a rich tradition of honouring excellence

at Huntington University," said Dr. McCormick. "We are proud of these individuals and their collective contributions to their respective communities. On behalf of Huntington University, I would like to congratulate all award recipients for their outstanding achievements."



Stand out.

Athabasca University
Canada's Open University

www.athabascau.ca
Canada/US: 1-800-788-9041
International: (780) 675-6100

Athabasca University delivers distance education courses to students across Canada and around the world. As a visiting student, you can take courses to complement your studies at your home university.

Need a prerequisite? Got a scheduling conflict? Need extra credits? AU can help. Offering more than 600 courses in over 60 undergraduate and graduate programs, AU has what you need when you need it. Start your course anytime, and fit your study times to your schedule.

Take the first step. Talk to your advisor and visit our website or call our toll-free information line.

ARTS & ENTERTAINMENT

Resolute explodes onto the scene with sold out show

BY MATTHEW
DESROSIERS

EDITOR-IN-CHIEF

Resolute is defined by Webster's Encyclopedic Dictionary as "not turned from a purpose by difficulties or opposition or risk." The members of Resolute have lived up to their name, standing firm on their desire to play the music they love, and doing whatever it takes to reach their goal.

It would have been impossible to walk around Sudbury or the Laurentian Campus without seeing their names everywhere on posters and flyers, and even on those annoying little cards under your windshield wiper. This band had something to say, and they wanted everyone to come out and listen.

"We did as many little shows as we could to promote the 'big' show," said Justin Carriere, front man for the band. "We did everything we could." The band is by no means a wildly popular and well-funded group. In fact, all of the publicity and legwork was done by the band members themselves. From releasing press kits to sticking up posters, and even finding sponsorships, these guys did it all. "[The whole thing] was self-promoted, it was great," Carriere said.

For many, Resolute was an unknown entity here at Laurentian. The band formed two years ago when Carriere and lead guitarist Jesse Prud'Homme, who already have their own two-piece band, joined up with Shawn Arseneau (Bass) and Robert Harris (Drums). The band started writing songs and playing in little shows across town. After competing and winning the regional Xtreme Bandslam tournament, the band received a recording session at Metalworks studio in Mississauga. The band's album was recorded in Sudbury, and

then mastered at Metalworks. The recording process was six months long, although Prud'Homme said it felt quite a bit longer than that.

Once recording was complete, the band began looking for sponsors and found K95.5, who helped them get going in the right direction. From there, the band began publicizing their CD release concert. Other sponsors of the band were the Guitar clinic, Food Basics, Boston Pizza, and the SGA/AGE.

"We have some moments of rock, alternative and jazz," Carriere said. "We try to stick mainly to rock. We're a big blender, sort of a marriage of musical styles." The band makes music for themselves, as a way of expression. "[It's definitely] a way to express ourselves. It is a big opportunity to show what you feel," Carriere admits. "We write about messages that can appeal to everyone. We keep a positive twist to the ways we write."

As a band sponsored by K95.5, a well known Christian music station, the obvious questions regarding the band's beliefs have been asked. "We are not a Christian band," Carriere stated, "but we aren't ashamed [of our beliefs] either. We want to write in a general way to reach everyone, and sew the seeds [from there]." While not labeling themselves as a Christian band, Resolute does not deny the religious undertones in their music. "People respect a band that has a belief in something and takes a stand," Prud'Homme said. Carriere adds that it is the sincerity of the artist that is important, not the label attached to him/her.

On Saturday, November 4th, Resolute took the stage at the Fraser auditorium to a sold out crowd. The huge media push and buzz that the band created paid off, and although they couldn't see the audience due to the

intense lighting, they could hear the crowd roaring for them as they took the stage. "You gotta pretend you can see them almost, because you have to look at them during the show," Prud'Homme said. "It was a lot of fun."

"All in all it was an excellent show," Carriere said. "We had a standing ovation, and we weren't expecting the encore."

"I think our performance went better than we expected," Prud'Homme added. During and after each song the crowd erupted in cheers for the band. Friends and family made themselves known throughout the show with cheers for specific band members, and loud responses as the band said hello to those they knew were in attendance.

The entire concert was recorded for a live CD, as well as broadcast on live radio across Northern Ontario. The band is preparing for the national Xtreme Bandslam competition, which could open up a whole new window of opportunity for them.

Carriere and bassist Shawn Arseneau are both Laurentian students in the Music program, and find it can be hard to juggle



Contributed

From left, Shawn Arseneau (bass), Justin Carriere (vocals/guitar), Jesse Prud'Homme (guitar/backup vocals) and Robert Harris (drums)

work, school, friends, family and Resolute, but Carriere is ready to make this his career. It will be very interesting to see what these guys do next. They have the tal-

ent and the drive to make it. It will just be a matter of living up to their name and staying true to themselves that will see them to their success.

LU Talks Sex with Sue

BY ERICA ROBINSON
CONTRIBUTOR

Of all the questions Sue Johanson gets asked as Canada's best known sex educator, there is only one she doesn't like to answer. That, she said, while at Laurentian for her Sex with Sue Talk in the Pub on November 2, is "the g-spot question, because people tend to see finding the g-spot as an ultimate answer." According to Sue, it's not, and as a woman who has spent the past thirty years teaching people about sex, it's clear she isn't very interested in giving one single ultimate solution.

What Johanson is interested in is getting people involved in talking about sex. "I just love it," she said. She began teaching when it became clear to her that teenaged children were getting inadequate sexual education, and loves all aspects of her work, which has included TV, radio shows, lectures, and talks like the one at Laurentian.

Johanson has been coming to Laurentian for the past seven years as part of her university tour. "We always fill the Pub," said Tannys Laughren, Executive Director of the SGA. "Students come back every year, it's great."

After the talk, Kayla Turpin, a third-year social work major, said "It's important for students that Sue comes in, because many students experiment with sex and

I don't think a lot of them are as informed as they should be about birth control and STD's." Another audience member, Samantha Burns added "I think the most important part of the Sue's talk is that it opens a dialogue about sex, especially between adults and younger people."

Johanson agrees with Burns that there is a gap between how adults and youth view sex. "I think sometimes adults seem to think sex is oozing out of every pore of the younger generation, but I don't think the younger people see it that way," she said, adding that "In general, people are less embarrassed than they used to be but certainly younger people are more comfortable with talking about it than older people"

But there isn't just a difference between generations according to Sue. She also makes distinctions between Canadians and Americans. These days, "Canadians know the plumbing" she said, "but Americans still don't because they don't get the same sex education." So while Americans are still asking questions about how things work, Canadians are more interested in how to have good sex.



**NOTICED A BUDDY
CUTTING CLASSES TO CUT CARDS?**

If gambling is taking over a friend's life, he could use your help. Find out more at
friends4friends.ca

1-888-230-3505
Ontario Problem Gambling Helpline



Responsible Gambling Council

SPORTS

Siblings making waves in the pool

BY LAUREN LAROCQUE
SPORTS EDITOR

Many varsity athletes will say that they spend so much time practicing, travelling and competing with their team mates that they feel more like a family than a team. For Kyleigh and Mike Commito, that feeling isn't a comparison, it's a reality. Mike is a fourth year veteran of the Vees swim team, and Kyleigh is currently in her rookie year. With so many universities and opportunities available for athletes today, it is rare to see two siblings attend the same university, and even rarer to have them compete on the same varsity team at the same time.

The Commitos got involved in swimming while living in Timmins. Kyleigh remembers her start in swimming. "When we first moved to Timmins, the Timmins Marlins Swim Club had a booth set up in the mall trying to recruit kids to come out for the team," she said. "At the time I was doing gymnastics, but since the gymnastics program in Timmins was not very good, I decided to give swimming a try."

After moving to Sudbury, both Kyleigh and Mike swam for the local team, the Sudbury Laurentian Swim Club. When it came to choosing a post-secondary school, Mike found the decision easy. "I chose Laurentian because I wanted to take advantage of having a good university in my city, without having to leave town and spend more money. Laurentian has a much more personal atmosphere; one I feel is more conducive to learning," Mike said. Kyleigh had the opportunity to train with the varsity team last year, so knowing everyone on the team already was a definite asset. Just as Mike included academics in his reason for choosing Laurentian, the Sports Administration program attracted Kyleigh.

So what's it like to be on the same varsity team as your sibling? Kyleigh feels that the experience is mostly positive. "For the most part it is good. There are some days when my brother can get very annoying on pool deck. He doesn't realize that we aren't at home, so he will pick on me," she said. Despite the typical sibling ribbing, Kyleigh is quick to add that she is glad that her brother has decided to start swimming again because she "really enjoys swimming with him".

When asked if she felt swimming with her brother has changed her varsity experience, Kyleigh's response was positive. "I think he has made it more enjoyable for me, and for the rest of the team," she said. "My brother is a very good source of entertainment. He is always cracking jokes on deck and keeps the mood light, which is good for everyone".

Mike was more cautious. "I cannot say that it has changed my varsity experience yet. I think it is a little too early in the season to be making that judgement," he said. "I am assuming that it will not negatively affect my swimming at all. I'm sure only positive things can stem from this experience. I haven't swum on the same team as my sister for four years now. It's good to see

her swimming fast at meets and it's fun having her around during practices and travelling to meets.

The Aqua Vees should be happy that the Commito siblings are able to get along, because both of their performances have been stellar so far this season.

On November 5, Laurentian hosted Brock, York and Wilfrid Laurier. Both Commitos played an integral role in securing the teams' victories. The men's team defeated all three teams, and the women's team defeated Brock and York, but fell 163.5- 147.5 to Wilfrid Laurier. "We were quite pleased with the efforts this weekend against Brock, Laurier and York," Phil Parker, head coach, said. "Both the men and women's teams demonstrated a lot of toughness swimming 8 events over the 2 sessions. Their execution was strong and most importantly, their confidence is there. They proved they can stand up against some of the conference's best swimmers. We have a tough couple weeks of training ahead of us leading up to the divisional championships at U of T".

The Commitos both had stand-out swims over the two sessions. Mike earned two second place finishes, in the 100m and 200m butterfly, and two third place finishes, in the 50m butterfly and 200m freestyle, giving the men's team an abundance of points. Kyleigh lived up to her title of "rookie sensation", swimming to five first place finishes, including a CIS qualifying time in the 400m freestyle.

Despite the pressure that comes from being labelled a rookie sensation, Kyleigh is enjoying her first season as a Voyageur. "The team is very close which makes it fun and much easier to train because the environment is very relaxed" she said. "Also, I am swimming very well so far. I was not expecting to be swimming fast this early in the season".

"I've always given Kyleigh advice on her swimming," Mike said when asked about the role he plays in his sister's swimming. "I have always been more competitive than Kyleigh, so I try to bestow that aspect on her. Kyleigh has a much better drive and commitment level than I do, so if she realizes her potential, she would be a force to be reckoned with. Hopefully my drive for competition will rub off on her and maybe her drive will influence me as well. Everyone has to figure things out for themselves. I don't try to push my experiences or ideals on her, but am always there to help her along throughout her swimming career".

Both Mike and Kyleigh Commito are incredible assets not only to the Laurentian varsity swim team, but to the Laurentian community in general. The Commitos, along with the rest of the Voyageurs and Lady Vees, are preparing for the Campbell divisional meet at the University of Toronto on November 18th and 19th. We can be sure that the Commitos will once again produce solid swims, and be cheering each other on.

Intramurals continues to impress

BY INTRAMURAL
CONVENORS

Laurentian University's Intramural Program continues to uphold its high reputation by successfully completing yet another top notch Intramural event. On Sunday, November 5th, Gerri-Lee Gravelle, a professional Massage Therapist from First Hand Massage opened up her busy schedule to teach students how to perform proper massages. Techniques learned included face massages, jaw stretches, self massage and chair massage. Due to the considerable amount of interest during registration, two back to back sessions were scheduled, and both were full of enthusiastic participants who took away both knowledge and experience. The Convenors would like to personally thank Gerri-Lee Gravelle, and the event sponsor, I.D.A. Pharmacy, who made the event possible. Congratulations to all the participants who developed their massage skills; put them to use! The event was a success and we look forward to your participation next year.

The 2006 Intramural 4x4 volleyball season has sadly come to an end. On October 18, 2006 teams battled it out, with all participants displaying both enthusiasm and a thirst for victory. In the recreational league, The A-Team dominated the court winning the tournament, followed by Thornloe #1 in second place, and the Smashers in third. In the competitive league, the competition was intense. The end result was a victory for the U of S Smashers, and a strong second and third place finish by the U of S Greats and Team Names Are for Chumps, consecutively. Thanks to Mulligans Indoor Golf, Dr. Steven Craig-Paul, Sportsbury Pub & Grill, and The Look Above for their generous donations. Registration for the Intramural Co-Ed Volleyball begins on January 8, 2007 and runs to January 12, 2007.

The Intramural Super Splash Competition will be taking place on Sunday, February 4, 2007 from 1pm- 3pm. What is the Intramural Super Splash Competition? Students will be competing for prizes, based on their dives off the Olympic Gold

Pool towers. The participants' dives and jumps will be judged on creativity, appearance of their outfit or costume, and the size of their splash. This year, the Super Splash Convenors have teamed up with the Sudbury Food Bank in hopes of providing support for the organization. Admission to the event will be a non-perishable food item, and the more food donations you bring, the more prizes you will be entered to win. One of the prizes is a television! The event has been absent for the past three years so the tournaments return is quite exciting. In past years, the event has attracted over 500 spectators, and many talented diving participants. In order for the event to be successful, we will need your support. The students of Laurentian have an opportunity to give back to a good cause while demonstrating their own diving talents! So mark it on your calendars, and don't miss it. If interested in being a diver please contact mx_pridding@laurentian.ca and for more information please contact the Department of Active Living at 675-1151 ext 1018.

Voyageurs soccer season comes to an end

BY LAUREN LAROCQUE
SPORTS EDITOR

It was a busy month for both soccer teams here at Laurentian. The men's team ended their regular season on Saturday, October 21 with a tie against the Trent Excaliburs. Taking full advantage of a penalty shot, Anthony Tragliafiero gave the Voyageurs an early 1-0 lead. Jamie Cuddy scored the second goal for Laurentian. The Excaliburs would answer both goals, resulting in a 2-2 tie. The tie was good enough to give Laurentian a spot in the play-offs with an at-home advantage.

Wednesday, October 25 would see the Excaliburs and the Voyageurs meet up again, this time in a play-off game. The Voyageurs found themselves in an interesting situation; with sixteen rookies on the team, the majority of the players had never been in a varsity play-off game. Overcoming this obstacle, Laurentian put out a solid effort, creating an offensive pressure and controlling the play, especially in the second half of the game. Goaltender Guillermo Estrada was solid for the Vees.

Despite a strong effort, the Voyageurs fell to the Excaliburs with a 2-0 loss which ended their season. The team was obviously disappointed, but head coach Carlo Castrechino is optimistic the team can learn from the loss and use the experience for next year. "We have a young team, and we'll use this as a learning experience for next season," Castrechino continued. "I think this will only make us a better team in the future."

On October 18, the women's soccer team defeated Nipissing with their largest win of the season, with a final score of 7-2. The loss knocked Nipissing out of the play-offs. The Lady Vees dominated in the first half, earning a four goal lead. Their momentum carried in to the second half, with the Lady Vees finishing the game with a decisive five goal lead. Second year striker Krista Pantin scored a hat trick for Laurentian. Head coach Rob Gallo said "I am very proud of the way our team played. We really moved the ball well, and attacked wonderfully."

The Lady Vees carried their winning streak over to their game

versus Trent on Saturday, October 21. Scoring the lone goal of the entire game was Lady Vee Erica Duczeminski, giving Laurentian their final win of the regular season.

The Lady Vees opened their play-off run with a game against University of Toronto, this time coming up on the wrong side of a 1-0 score. The Lady Vees fought the cold weather on October 25, beginning strong and keeping the ball in the Toronto end for most of the first half. Toronto scored in the eighty-sixth minute, and even though they put heavy pressure on their opposition for the remainder of the game, the Lady Vees were never able to even the score.

Despite heart breaking play-off losses, both teams put together a solid effort during their respective seasons and made the Laurentian community proud. Both teams have gained valuable experience this year, so look forward to next fall when soccer returns once again to the fields at Laurentian.



Laurentian player Brittany MacMillan runs over the UofT goaltender during their match on October 25th. The Lady Vees lost the match, ending their playoff hopes for the 2006 season.

David Rollins / Contributor